



February/April 2006

Healing and Hospice for Animals ~ A Non Profit 501©3 Organization



Hello dear friends,

Gosh, can you believe we're already in April of this year and I have recently celebrated my 60th birthday!! I am happy to report that, having watched the celebrated Andrew Weill on P.B.S. recently, I think I am heading towards my senior years with a "somewhat" good diet, healthcare philosophy and above all I await eagerly what may be next in store for us, as Richard and I tread our winding path.

In just over a month Richard and I will become Grandparents to a beautiful girl called Emma Lee Margaret Moore, thanks to Kirstie and Roger. We have been eagerly watching her progress and scans and can already tell how very gorgeous she is – Of course you will realize we have no bias at all! Here are the happy threesome at Kirstie's baby shower BBQ!

And so, with some changes in the offing I would like to address a subject of concern for both Richard and I and we would like, hopefully to enlist your support, advice and thoughts please.

As Richard works hard on his career path and we both tread the byways of BrightHaven, our thoughts are fast turning to the future and how we can ensure the safety and continuance of this labor of love we have created.



For the last decade and a half Richard and I have given BrightHaven our all, and now we are realizing that the never ending sleepless nights as we give around the clock care to our animal friends are finally starting to take their toll, and so we know we must soon find new, young blood to share our shoes and allow us to concentrate more fully on our programs of education and community involvement!!

Over to you now please!

We need some good advice and clear thinking to help us plan BrightHaven's future!

For the moment then these are our provisional plans....

- First we are trying to find interested and like-minded couples with their own property to join us under the BrightHaven umbrella to become BrightHavens' two, three and more!! Selected persons will come here to work and train with us and will then be joined for more training and help by one of us for a period at their own location as they commence their own BrightHaven operation.
The organization Best Friends have agreed to advise us should they come across suitable candidates through their tuition programs for people wishing to start their own sanctuary.
- Once we have a new BrightHaven in place, then rescued animals can be directed to this new location, thus enabling the population here to gradually decrease.
- Here in Santa Rosa we will then aim to maintain our own animal population at a sensible number in order that we are able, to concentrate more heavily on education and also fundraising, which will be greatly required!
- As time goes by Richard and I would also like to try to find a new person to join us here and become my assistant, working closely with Susanna to maintain daily operations and healthcare.

**Great ideas – Yes?
Do you have some ideas for us also?**

I am advised to dream well and be positive and ambitious and so I am -
and I am asking for like minded people to please share their thoughts,
and advise us if they have any great notions to help BrightHaven remain as the pilot for this special work.

CONTENTS THIS MONTH:

1. Animal news
2. The last month at BH
3. Practitioner news
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5. Volunteer news
6. Around and about at BrightHaven:
Events, What's in the pipeline? And Special Projects.

1. ANIMAL NEWS AND UPDATES

These last months have brought us the deaths of Frazier, Linda, Katie and Emily2, who are well known names to many of you. Their words in memory are now displayed on our web site and can be accessed easily by using this link :

<http://www.brighthaven.org/memorial.html>



Picture the scene.....An East bay shelter.....the arrival of an open backed pick up truck containing 2 boisterous dogs and a cardboard box.

An upset and distraught lady brought the dogs and box into the shelter complaining that she and her family had “had enough” of animals and needed to get rid of them all – as “the two dogs had killed the other dog(s)?”

.....Interestingly the cardboard box contained a small long haired, horribly matted black cat, who could not even lift her head up due the horrible matting of her fur.....and I am sure you can fill in the rest of the blanks to this story!



Paquita charmed us all upon her arrival with her sweet accepting nature and rumbling purr. She was shaved from head to toe and exhausted from her stay at the shelter followed by a subsequent night at a vet hospital – no doubt all the time wondering her fate.....!!

Today is the first day of the rest of this dear girl’s life. We know we can make it happier than her previous life!

**"EVERY SINGLE ACT OF COMPASSION TOWARDS ANIMALS MAKES A DIFFERENCE,
AND INCREASES THE RATIO OF HAPPINESS TO SUFFERING"**

This quote was penned by BrightHaven friend and volunteer Karen Stanley.

BUNNY

You will recall that Bunny joined us shortly before Christmas and since that day her coat has grown longer and longer and curlier and curlier, until we decided to enlist the help of BrightHaven friend and professional groomer Emily Bauman; owner of “Clean and Happy Pet” in Santa Rosa.

Here you can see the exciting results of their afternoon together – Bunny has been laughing happily ever since!!

Before:

During:

.....and laughing afterwards!



**** Please see this month’s new section “Practitioner News” to read all about Emily Bauman and Peigi Clemminshaw teaming up to offer a very special appointment to all animal lovers.**

2. THE LAST MONTH AT BRIGHTHAVEN

MY BIRTHDAY!!.....60 AT LAST!!



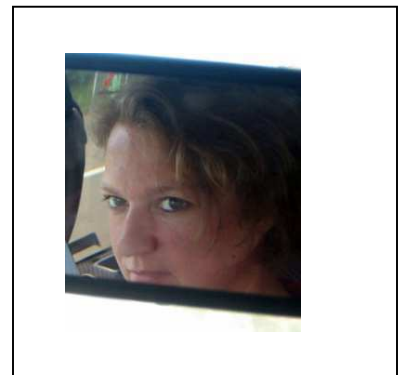
You know, I can well remember the time when, as a young girl I would look at my Grandmother, then in her sixties and think how very, very old she was!! Funny how your perspective widens and changes as you grow older isn't it?!! Now I am sixty and my Mother is in her eighties – and I don't perceive either of us as OLD yet!!

I am not a lover of parties, and so friends and family indulged me and we enjoyed a BrightHaven lunch at home on the day and the following evening Richard and I were joined by my Mum, Kirstie and Roger as we enjoyed a wonderful Thai celebratory meal.

Here you can see the new “young” me being ably helped to open gifts by Joey and Tim, with Woody reflected cleverly in the mirror by Susanna!

The Natural Diet for Cats and Dogs - *What your vet won't tell you about feeding a carnivore...*

March 4th was the date of our second Natural Diet workshop, ably presented by Susanna. Again we were thrilled at its success and plan to present these gatherings once a month, our calendar permitting.



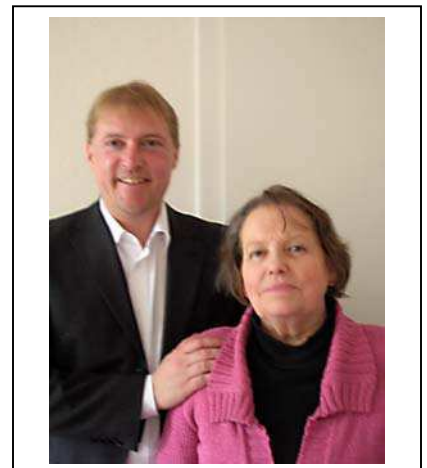
PLEASE MARK YOUR CALENDARS FOR OUR NEXT DATE: SUNDAY MAY THE 7TH.

SUSANNA'S TRIP TO GERMANY

This month's workshop presented Susanna departed for a long awaited two week trip to Germany to visit with her parents and Brother. Having prepared for the biting cold weather in Germany Susanna was pleasantly surprised to find that, for part of her trip their weather was even warmer and much more pleasant than ours!

Although we greatly missed her presence we were delighted to welcome her back to work again – laden with German chocolate delights for us all
– especially marzipan, which is a firm favourite of mine!!

Here is a treasured photograph of Susanna's Mother, Doris and Brother Robert.



THE ROSE CEREMONY

The ceremony is a BrightHaven tradition to honor the passing of our loved ones. It is a wonderful opportunity to share memories with like-minded people. The ceremony is a simple but very moving affair, which begins with a short address of welcome, after which family and guests will be invited to come and say a few words in memory of their pet if they would like to. Participants will then scatter rose petals around a photograph or memento of their honoree and the ceremony finishes with a prayer and a song.

You will then be welcome to join the BrightHaven family of humans and animals for refreshments and conversation.

This month we had a beautiful chocolate cake – well that is until Mr. Woody decided to help himself to it! He clearly has never heard that chocolate is toxic for cats!

At any rate I am happy to announce that both Woody and the cake survived!



These afternoons have proved a wonderful way for us to say goodbye and to resolve our feelings of sadness and grief by sharing our thoughts and feelings with each other.

We always end up laughing as we remember funny incidents and happy times for each one we say farewell to. This month Katie was close to leaving during the Rose ceremony and you can see her here supported in love.



I would love to welcome you to any BrightHaven Rose Ceremony – always held here at BrightHaven on the second Sunday of every month at 2pm.

AN ENTERTAINING AND FUN WEEKEND AT BRIGHTHAVEN was had by all as, on the weekend of March 25th, we welcomed guests Ziggy and Kelley Yasbek, along with Kelley's parents Carol and Rick Tanner.

Some time ago I had donated a weekend at BrightHaven for a silent auction held by Southern California group The Pet Project Foundation, organized by BrightHaven long time friend Sue Walshe.

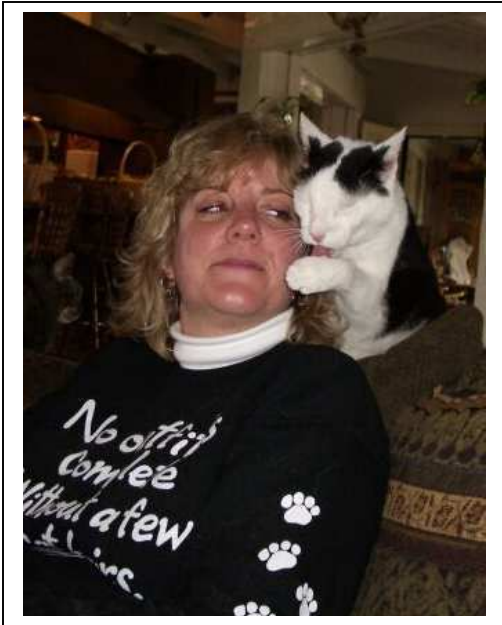
The group had put together a fun filled few days for the recipients which took them to San Francisco, Napa Valley and through the Bay area to end up at BrightHaven to meet all the animals – humans too and enjoy Richard's famous culinary expertise!!!



Here we have Ziggy, Kelley and Carol posing in the breakfast room on Sunday morning with Richard, Fray and me, before heading off to sample the delights of a local winery before heading back to the airport for their flight home to So. Cal.



We noticed that Rick took most of the pictures and thus subtly managed to NOT appear with the group and so I was delighted to find him here with Carol getting to know some of the cats – with Joey's supervision!!



Beauregard was delighted to find that Kelley had chosen a matching outfit to his and spent happy hours reclining on the couch – draped over Kelley's shoulder as they happily discussed menus and fashion and who knows what else!!



...and finally it came time to rest and again Beauregard chose a shoulder – this time Ziggy's. As you can see Ziggy also succumbed to the warmth of a Saturday afternoon fire and some cuddly cats at nap time!! Johnnie is face down, snoring in Ziggy's lap!

3 PRACTITIONER NEWS

You will realize that this is a new section for my newsletter, brought to you by popular demand.

I plan to feature a different BrightHaven practitioner each month. These are very special people who volunteer their services to help the BrightHaven animals and over the months and years ahead I plan to tell you of homeopaths, communicators, Reiki, Flower essence and Bowen practitioners, acupuncturists

and chiropractors, massage therapists, in fact all of the wonderful practitioners who devote their lives to the care and wellbeing of animals.

Our first presentation was chosen for us by Bunny and proves to be a very topical talking point.



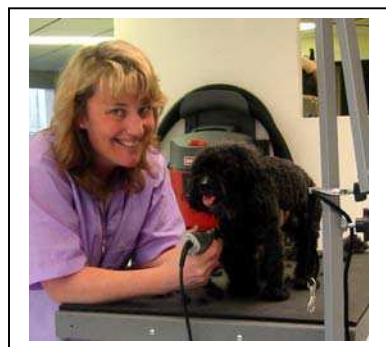
STOP PRESS!

Calling all Cats and Dogs ~ Seniors very welcome!

**HURRY TO BOOK YOUR APPOINTMENT
THE FULL SPA TREATMENT FILLS UP QUICKLY
SO DO NOT DELAY!!!**

**Our favourite BrightHaven groomer Emily has joined forces with
our favourite BrightHaven "Gentle Dentist" Peigi
to bring Santa Rosa, and the Bay area pets - a very special offer:**

The first Tuesday of every month only:-



Emily Bauman

A Day at the Spa

including :

Refreshing Bath
followed by a
Restyling hair cut and blow dry

Teeth cleaning in a gentle fashion
without anesthesia



Peigi Cleminshaw

For more information and to make your reservation please call Emily's salon:
Clean and Happy Pet Grooming: 707 569 1399

The salon is located at 611 Santa Rosa Avenue ~ Freeway close ~ in Santa Rosa.

*Should you have any concerns regarding this gentle method of cleaning both cats and dogs teeth – please know that we here at BrightHaven gladly have Peigi by to clean teeth of our oldest residents – who are very often cats and dogs in their twenties!!

**** This is a wonderful opportunity!! ****

ROSES AND OTHER PLANTS AND TREES NEEDED FOR OUR BEAUTIFUL GARDENS



JUNE NORTH is a very special friend to BrightHaven. June has devoted many long hours these last several months to gardening and trying to restore the BrightHaven rose, and other gardens to their former beauty – Of course, while working she is always kept under Joey's careful supervision!

June tells me that we will soon be requiring several dozen new roses to fill gaps that have been left by the "departed" ones. She will also planting evergreen shrubs and hopefully some pretty trees.



If anyone would like to donate a rose, shrub or any other plants for our gardens do please contact Susanna in the BrightHaven office by telephone 707 578 4800 or by email at info@brighthaven.org

PLEASE WON'T YOU BUY A PACK OF OUR GORGEOUS NOTE-CARDS??



Sammi & Fred
Whispering Sweet Nothings



Sushi
Blue Eyes



Bobbi
Bobbi Sitting on Laurel B.

These delightful blank notelet cards, which are purrfectly sized for your favourite frame, are offered for sale to benefit the BrightHaven animals.

Each 8"x 5" card has a 5" x 7" frame-able art image, and the three card pack is available for **\$10.50**.

Card sets can be ordered by contacting BrightHaven with your order by telephone 707 578 4800, by email info@brighthaven.org or on-line at www.brighthaven.org

Calling all Horse Lovers!!

As most BrightHaven friends will remember we have four gorgeous horse-people here and the costs associated with their care are always one of our largest expenses. For this reason I am writing to encourage you to sponsor one of the BrightHaven horses. Any amount you could spare on a monthly basis would be so gratefully accepted and appreciated.



Daisy
Born around 1986, Daisy was rescued after her owner could no longer care for her. She is very shy, but adores carrots and will quickly become your friend!!!



Nicki
Nicki arrived at BrightHaven in October 2000, and instantly fell in love with both Babe, now departed and Bellestar. Nicki, born in 1976, suffers arthritis and has a tear in the sac behind her right eye. She is a darling.

Please sponsor a BH horse!!

These are the Facts!

Susanna calculates the monthly cost of taking care of the BrightHaven horses runs at about \$600.00 to cover food, bedding, meds and supplements as well as farrier expenses and blankets

Your sponsorship of any amount for one of these gorgeous girls will really help the BrightHaven cause.



Paris
Born in 1980, had a tough life and was ridden into the ground before eventually being abandoned with us. Now almost completely recovered, she is full of fun and very high spirited.



Bellestar
Born approximately 1992, Belle came to live at BrightHaven in 2000. She was saved from horrible beatings and abuse at the stable from which she was rescued by a wonderful BH volunteer. Finally she has lost her fear of humans.

A WEEKEND AT BRIGHTHAVEN!!

“Bed and Breakfast – with “a difference” here at BrightHaven!!

You will have the comfort of your own bedroom and bathroom with access to a lovely little garden. Perhaps one of the many BrightHaven residents will choose to spend the night with you.

You will be welcome to experience animal feeding time Saturday evening and also Sunday morning. You will also have the opportunity to get to know Gail and Richard better over a glass of wine and dinner. Gail and Richard will be happy to discuss your animal concerns (or not!) during your stay and, of course you will be welcome to stay at BrightHaven and be part of our family during your visit or take the time to go wine-tasting or exploring in the gorgeous local countryside.

The cost: a tax-deductible donation to BrightHaven of \$200.00.



HOT OFF THE PRESS TODAY –

**PLEASE MAKE THIS TELEPHONE CALL TO LEARN HOW YOU
CAN HELP YOURSELF AS WELL AS
SUPPORT BRIGHTHAVEN CONTINUE ITS SPECIAL WORK**

Charitable Gifting Program...

Now you can give and receive

If you would like information on
an opportunity to make a donation to BrightHaven,
receive a tax donation and possibly receive your
donation back in the form of a bonus annuity,
please contact

Patricia Meyer at (707) 928-5200

When **KATHY WILDER** toured BrightHaven for the first time she instantly lost her heart to our Joey and noticed that his life –ours undoubtedly too! – would be vastly enhanced by the addition of some ramps leading out into the garden areas. We do realize that bending constantly to lift Joey's wheelchair up and down steps is good exercise for us all, but there are times.....!!

So – the enterprising Kathy took it upon herself to not only find a wonderful carpenter for the job, but also to enlist his help and get the job done speedily and very, very efficiently!!



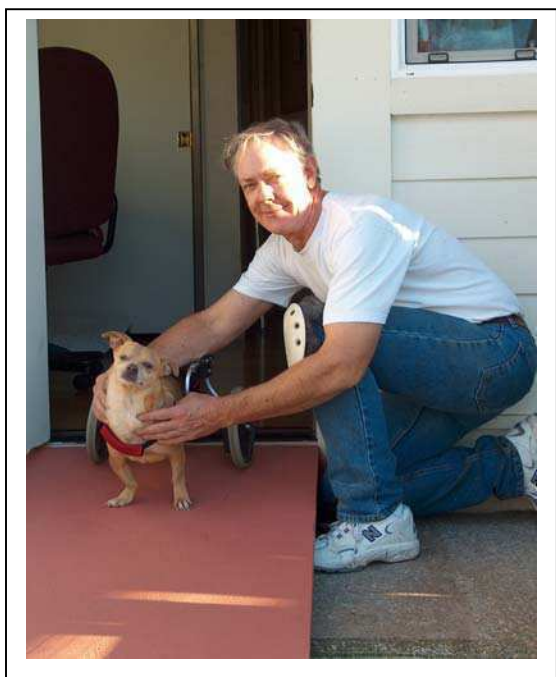
Here you can see the finishing touches as **TOM** liaises with Joey to ensure that everything is working to Joey's satisfaction.

Of course Joey took to his ramps like a duck to water (pardon me Daphne, Hugh and Monty!!) and now he can access the gardens from both the clinic and the breakfast room too!

Joey is one happy dog as he can now chase cats, dogs and humans alike all over the house and into the gardens too!

Below (left) is one last proud shot of Tom posing for a special picture with his new friend and colleague, Joey. Of course Joey has paid such special attention to the making and fixing of the ramps that he tells us that he can probably make the next ones all by himself!!

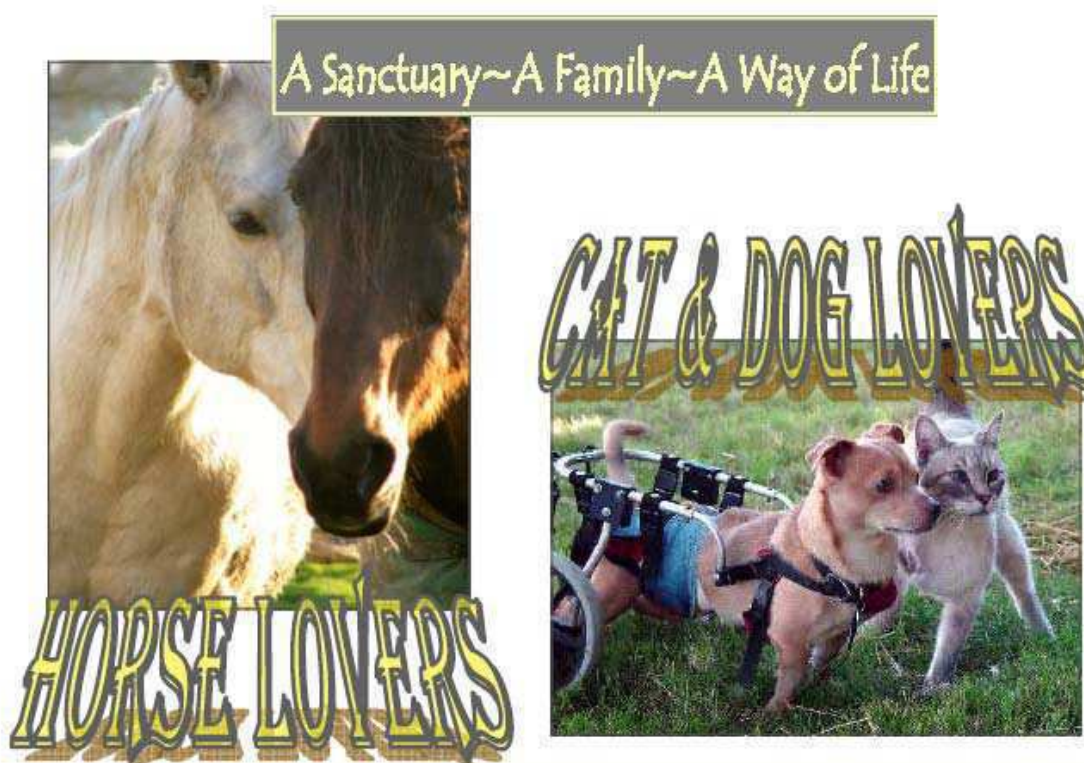
We are all agreed that Joey is indeed one very lucky little dog!



NEW VOLUNTEER POSITIONS AT BRIGHTHAVEN — AVAILABLE NOW!!

This next appeal goes mainly to our local community – or to anyone who may know of someone who might like to come and volunteer at BrightHaven.

Susanna and I do the lion's share of the medical and all animal work and Blanca takes care of the house, as well as tries to devote time to helping us out when she can. Fray volunteers help with care of the fowl, goats and Harley the hog, not to mention one hundred and one other tasks around and about BrightHaven on a daily basis. The work is endless as you can imagine and we really need some help – particularly in two specialized areas: Horses and medical work



HORSE LOVERS are needed - with at least some experience to help with the daily care of our four rescued horses.

Each one has a wonderful personality and is waiting for that special someone to spend time with.

Shifts are approximately 1 hour, either in the morning or afternoon.

CAT AND DOG LOVERS are also needed to help out with our daily medical work

Duties include preparing and administering natural remedies and medications as well as giving subcutaneous fluids. Gain hands-on experience in holistic and conventional medicine for animals!

Shifts are approx. 3 hours in the morning.

If you think you might be interested in either helping with the horses or our medical work, then we would love to hear from you!

Please call or email for more information and to schedule a tour

Phone: 707-578-4800 ~ E-mail: info@brighthaven.org

- a. What's in the pipeline – Workshops and Events
- b. Special projects
- c. Help with our wish list – some products you may be able to contribute to help us.

6A. WHAT'S IN THE PIPELINE?

UPCOMING EVENTS AND WORKSHOPS AT BRIGHTHAVEN

OUR GOAL AS AN EDUCATION CENTER
is to help you better help your animal.

**I AM VERY HAPPY TO ANNOUNCE THAT IN THE WAKE OF SUCH A SUCCESSFUL
AFTERNOON LAST MONTH, THAT WE ARE GOING TO BE OFFERING SUSANNA'S
NEXT DIET WORKSHOP ON**

MAY THE 7TH.

The Natural Diet for Cats and Dogs
- What your vet won't tell you about feeding a carnivore...

This highly informative, practical and fun hands-on workshop will teach you all you ever wanted to know about how to feed your cat or dog in the most healthful way:

- Find out why you should feed your carnivore a raw meat-based diet and how it can help improve their health, appearance and even behaviour.
- Learn how to make the natural diet yourself, with all the proper supplementation, including modifications for certain disorders.
- Get in on BrightHaven's secret tips and tricks on how to switch animals from a commercial diet to a wholesome, homemade diet.
- Make your very own batch of food and take it home to try!
- Let BrightHaven give you the tools and resources to take a proactive approach to your animal's health.



BrightHaven's General Manager Susanna Anthony has long researched the natural diet and is passionate about her subject.

You will have an entertaining and thoroughly enjoyable afternoon learning how best to feed your beloved pet the BrightHaven way.

Susanna will not only explain in detail how to prepare the diet but you will be given the hands-on opportunity to mix the diet for yourself for an even better understanding.

You may then take home your mix to start feeding your own animals!!

This will be a small class, repeated frequently so that everyone actually has the chance to properly learn and understand the diet.

You will learn BrightHaven tips for the dietary changes you need to make as well as pointers for the future.

Sunday May 7th 2006 1pm - 4pm
Donation: \$50



Dear departed "Rabbit" never met a bone he couldn't handle!



This is our very own Vancouver showing you just how irresistible the diet is!!!

Please call BrightHaven (707) 578-4800
 or email info@brighthaven.org for reservations and directions.

Each class will be small so please call BrightHaven early to reserve your place for this truly exhilarating afternoon of learning!

A flier to advertise the event is available on line at our website: www.brighthaven.org

Another exciting event coming soon to BrightHaven:

Please save the date: Saturday June 24th

When Veterinary Orthopedic Medicine meets Jin Shin Jyutsu in the delightful BrightHaven gardens.

You are invited to a special afternoon where you may bring your pet along to meet

Ann Kaplan DC to learn how V.O.M can heal your pet
 as well as

Kate Wilcox, Jin Shin practitioner and animal communicator.

Kate and Ann will be presenting a workshop designed to give you and your animals some new tools for self-care with Jin-Shin Jyutsu and a first chiropractic visit to tune-up the nervous system.

You will learn about how the two techniques compliment each other and better understand how the body can heal itself when holistic approaches are used.

Kate and Ann will work together with the BrightHaven animals to demonstrate their amazing healing techniques and skill.

After their presentation there will be time for questions and answers as well as special time reserved for Ann and Kate to take individual appointments.

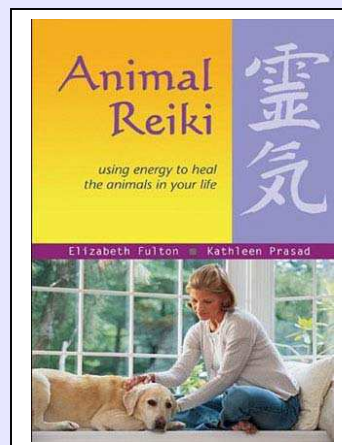
Please save the dates: June 17th and 18th

for our next Reiki class with celebrated Reiki Master, and co-author of the brand new release "Animal Reiki"

Kathleen Prasad

To order Kathleen's book please visit her lovely website at this link

<http://www.animalreikisource.com/index.htm>



AND NEXT I WOULD LIKE TO ANNOUNCE A VERY NEW WORKSHOP

Across the Rainbow Bridge

COMING SOON...BY POPULAR DEMAND

THIS SPECIAL AFTERNOON OF LOVE AND LEARNING WILL BE PRESENTED BY CELEBRATED REIKI MASTER KATHLEEN PRASAD, AND MYSELF.

The Circle of Life and Death will be our subject, and will embrace "Hospice care", as well as "Preparation for transition", "The journey across the rainbow bridge" as well as "After the journey".

Kathleen has been involved with terminally ill animals for many years through her Reiki practice and will be offering us her wisdom gleaned from the many animals she has cared for. We will learn to focus positively through her teaching of healing meditation and affirmations, and Kathleen will also lead us in guided meditation for peace and healing of the heart.

Love, Happiness and Hospice care is what BrightHaven is really all about. I have lived with, and cared for elderly cats and dogs for fifteen years and in the fullness of time I believe I have learned much from them and perhaps have begun to even think of transition with the mind of a cat!

Kathleen and I plan to address this tender subject in great depth and will allow plenty of time for questions and discussion time.



OUR PLANS FOR THE NEW BRIGHTHAVEN EDUCATION PROGRAM

This project is currently in its infancy and I will feature it more in each new edition. We are in the process of designing an educational package to offer to those of you who wish to learn more about holistic healthcare for animals, including diet – or natural animal care – or hospice care - transition – or the many things we do here at BrightHaven on a daily basis.

Over and over we are asked about various parts of our daily lives and realize that we need to actually offer to teach all or part of it!!

We aim to offer in all probability a two day training course which will be in part tailored to suit the individual and will be offered either as an all-in residency for two days or perhaps as two individual days for local residents.

The all-in residency will be invaluable experience for anyone wishing to start their own sanctuary or rescue organization and most especially for anyone who has an interest in natural animal care to better care for their own pets. Should anyone have any questions or ideas for the program for us – so please email me with your thoughts. We really wish to build this program to suit a variety of needs.

MORE DETAILS TO FOLLOW VERY SOON.....WATCH THIS SPACE!!

6B SPECIAL PROJECTS WE WOULD LOVE YOUR HELP WITH:

We still have lots of projects and would appreciate any help offered – either financial or physical!!!

Our main projects now include:

Fencing for horses, pigs and goats.

Painting and all sorts of **maintenance** issues –both indoors and out.

Cat gardens. As you can see from many of our photographs our cat gardens are well on the way now, but there is still much for us to do.....

We must still:-

- provide a watering system.
- dig flower beds and fill them with bushes and suitable cat proof plants and trees for shade.
- provide water - well actually water features are our aim – such as rockeries with water flowing and fountains – excellent for Feng Shui purposes too.

We boast of the beauty of BrightHaven and are determined to live up to it once again in No.California. Please consider helping us in any way you are able.

- Come and help us – call 707 578 4800 or email Susanna@brighthaven.org for information
- Donate towards construction work
- Donate towards our purchase of plants, trees, fountains, and other features.
- Donate towards our purchase of suitable climbing and playing outdoor amusements!

6C HELP WITH OUR WISH LIST – SOME PRODUCTS YOU MAY BE ABLE TO CONTRIBUTE TO HELP

You can review our wish list in great detail on-line by clicking the link below:

https://protected.usanethosting.com/brighthaven/wish_list.html

This month I would like to feature a couple of items that we are much in need of...

Rugs – throw rugs from Target. (Approx 30"x20") Earth tones of beige, taupe and green would be great. (We use them for protection under litter boxes and as door mats too!)

Waterproof pads (for babies) from many stores –

Sizes 18x27 and 27x52 are most needed and can be purchased cheaply from Burlington Coat Factory – Target or Walmart.

I do hope you have enjoyed catching up with our news. Please let me know by email if there is anything you would like me to include in future newsletters. I will be happy to add or change the content.

The BrightHaven vision is important for animals and humans alike.

"The greatness of a nation, and its moral progress,
can be judged by the way its animals are treated".

M. Ghandi



**Please join with us as we work towards making this world a better place
where people will join together with people to help animals.**

Together we *can and are* making a difference.

With my warmest regards,

Gail Pope
Founder and President

You can donate to help our cause.....
by check, cash or money order
by credit card via our web site,
or simply by telephone to our office
or by PayPal at www.paypal.com

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